

**All of us at Teen Challenge of New Mexico wish you and your family a very Merry Christmas!**

# Teens and Anger!

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*Anger! Why are our teens so angry? There are lots of reasons. Hang on! All of them are real! Anger normally develops because of something in life that the teen has no control over that causes, or has caused, pain. These kids live in a very cruel world we haven't known before. Feeling rejected by their peers is the most common. **Every teen wants and needs to feel they are accepted, wanted, and needed by their peers.***

*It can be due to a time that embarrassed them to the point of them feeling humiliated. Many teens act out in anger when they get hooked on pornography. Porn leaves a person feeling very agitated and unfulfilled. Living a secret life of disobedience and rebellion is often another cause of anger. Guilt is a God given warning sign. Unfortunately, some think they are **suppose** to do the things they see others do., but*

*they don't like the way it makes them feel. When they don't know what to do about those guilt feelings, they act out in anger. Broken families cause anger. Changes that take place when families break apart are very confusing and hurtful. A move or change of school sometimes will trigger anger. **We've all heard the "I don't know!" answers and that can be very TRUE! Parents! Watch carefully for a teen who***

**feels hopeless. Watch for signs of suicide. Assure them that there is hope and you are willing to do whatever it takes to get them the help they need! Tell them how you love them.**

## Teen Drug Use on the Rise

**I hear this on various news reports all the time. The most recent was on KOB Radio, November 16th. The reporter went on to say that teens don't believe drugs are as dangerous as they are told. Neither do they realize the severe consequences.**

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There is HOPE in Jesus Christ!

# MERRY CHRISTMAS AND HAPPY NEW YEAR!



Pictured above left, Lin Hall, President and Executive State Director, looks on with great joy as Eli, pictured above right with Kathy, Assistant Executive State Director, receives his Certificate of Completion of the twelve required contracts at the 27th Banquet!

*Eli 's family is so very thankful for all you have done to make Eli's teenage years so happy and successful through the birth of Jesus Christ. When he came, he was the size of an 8 year old. He grew up physically, mentally, academically, socially, and most importantly, spiritually. The staff who has been involved the most in Eli's day to day life is Brother Mario. He told me that he and Eli were talking about his plans for when he graduates from the Teen Challenge High School. Suddenly they both realized that the time was quickly coming when Eli would be going on with his life to serve in another ministry. Their eyes began to fill with tears. You know! Those "happy sad" tears! Four years of hard work by both of them has been worth it! Wouldn't you agree?*

**Remember, your end of the year gifts will give other teens the help they need through the power of Jesus Christ! Teen Suicide is up 450% since prayer was taken out of school according to the National Center for Health statistics. That is proof that Jesus Christ is the answer!**